

MAKI HOUSE SPRING SCHEDULE 2026

	MONDAY		TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY		SUNDAY	
8:00						OCDSB 8am-4pm : April 2 + June 4 - Blind/Low vision students; June 18 - Deaf/Hard of hearing students					
8:30											
9:00											
9:15	Hatha yoga - Joan Smith							Gentle Yoga - Maureen McCann			
9:30											
10:00											
10:30											
11:00											
11:15						Maki Hand Drummers, Scott Carson: 1st Thurs of month 7-9pm		Old Forge Rug Hookers, Jane Thacker: April 4, May 2, May 9, June 6	Ottawa Valley Quilters Guild, Darlene Hall: April 11; April 25; May 23; June 13; June 20	Maki Parents, Lesley Hall	
11:30											
12:00				Hatha yoga - Joan Smith							
12:30	Gentle yoga - Julie Tierney					CBLCA Exec: 2nd Thurs of month 7-9pm					
12:45											
13:00											
13:30	Yoga Nidra - Julie Tierney				Mahjong - Barbara Baldock	Canada's Capital A's, John Moore: 3rd Thurs of month 6:30-9:30pm					
14:00			Friendship club - Wendy Farrell								
14:30				Chair yoga - Julie Tierney							
15:00											
15:30											
16:00						Old Forge Rug Hookers, Jane Thacker: 2nd + 4th Thurs of month 9am-5pm					
16:30											
17:00											
17:30											
18:00	Gentle Yoga - Michael Hutkins		67th Nepean Embers + Guides - Nepean Guides			Yoga meditation, J Smith and M McCann: Last Thurs of month 6:30-7:30pm					
18:30											
19:00		67th Nepean Sparks - Nepean		166th Nepean Cubs - Nepean Scouts		Ottawa Valley Quilters Guild, Darlene Hall: April 24					
19:30	Sivananda yoga - Michael Hutkins										
20:00				Wellness yoga - Tamara McCormick							
20:30											
21:00											
21:30											
22:00											

Room legend	Sullivan	Gravelle	Sullivan and Gravelle
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