

Maki House Winter-Spring 2023

	Monday			Tuesday			Wednesday					
	GROUP		ROOM	GROUP		ROOM	GROUP		ROOM			
8:30	Hatha Flow Yoga		Sullivan Rm	Maki Moms 9:00-11:45am Badge access from 8:30-12:15pm		Sullivan Rm & Gravelle Rm		OCDSB Blind/Low Vision Students 8:30am- 3:00pm Badge access from 8:00am- 3:30pm (2 nd Wednesday of each month)	Morning Yoga 9:00- 10:30am Badge access from 8:30- 11:00pm		Sulliv an Rm	Sulliv an Rm excep t: Grave lle Rm on Feb 8, Mar 8, April 12, May 10, June 14
9:00	8:30am-10:30pm Badge access from											
9:30	8:00-11:00am											
10:00												
10:30												
11:00												
11:30												
12:00												
12:30									Hatha Flow Yoga 11:00am- 12:30pm Badge access from 10:30am- 1:00pm			Sulliv an Rm excep t: Grave lle Rm on Feb 8, Mar 8, April 12, May 10, June 14
1:00												
1:30												
2:00												
2:30												
3:00												
3:30												
4:00												
4:30												
5:00												
5:30												
6:00		Sparks 6:30- 7:30pm Badge access from 6:00- 8:00pm		Grav elle Rm	Brownies 5:30- 6:45pm Badge access from 5:00- 7:15pm	Guides 5:30- 8:00pm Badge access from 5:00- 8:30pm	Sulliva n Rm	Gravell e Rm	SBO-OVSAR 6:00-9:00pm Badge access from 5:30- 9:30pm	Scouts 6:00-8:00pm Badge access from 5:30- 8:30pm	Sulliv an Rm	Grave lle Rm
6:30												
7:00	Evening Yoga		Sulliv an Rm									
7:30												

